

## RECENT C.O.G.S EVENTS

### Talks on

- ∞ Understanding Soil Structure
- ∞ Permaculture
- ∞ Discussion evening on Transition Towns
- ∞ Goodwood Organic Farm
- ∞ Diversity in the Organic Garden
- ∞ Brighton Earthship

### Events:

- ∞ Visit to Lordington Lavender
- ∞ An annual Harvest Supper
- ∞ Visit to Tuppenny Barn Organic Farm
- ∞ Spring Supper and plant exchange
- ∞ Stand at Stansted Garden Show
- ∞ Stand at West Dean Totally Tomato Show

## C.O.G.S. IS AFFILIATED TO

### Garden Organic

Ryton-on-Dunsmore  
Coventry  
CV8 3LG  
Tel: 0247 630 3517  
Fax: 0247 663 9229  
E-mail: [enquiry@hdra.org.uk](mailto:enquiry@hdra.org.uk)  
Website: [gardenorganic.org.uk](http://gardenorganic.org.uk)

and

### The Soil Association

Bristol House  
40-56 Victoria Street  
Bristol  
BS1 6BY  
Tel: 0117 929 0661  
Fax: 0117 925 2504  
E-mail: [info@soilassociation.org](mailto:info@soilassociation.org)  
Website: [www.soilassociation.org](http://www.soilassociation.org)

## OTHER LOCAL GROUPS

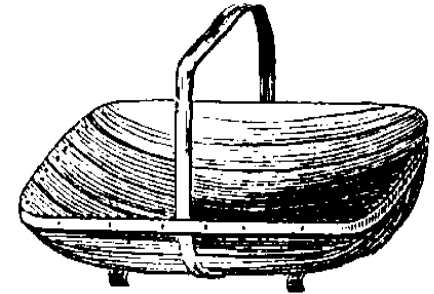
There are other local groups in Hampshire, Horsham, Brighton and Romsey.

For details contact the HDRA and Soil Association

Learn to grow healthy, wholesome  
fruit, flowers and vegetables

Become a member of

# Chichester



# Organic Gardening Society

[www.chicogs.org.uk](http://www.chicogs.org.uk)

## Aims

We aim to encourage the growing of healthy produce and beautiful gardens by sustainable and environmentally kind gardening methods.

To provide a focus for local gardeners and growers to meet those sharing their interest in gardening *with* nature, both for social activities and to discuss gardening and related issues

## Activities

From September to April we have a monthly meeting with talks and tastings. We have a bookstall at all our meetings and we also have a small library of books for loan to members. During the summer we organise visits to places of interest and attend local events to pass on the organic message.

We can purchase bulk food supplies.

## Newsletter

We produce a newsletter three times a year which has articles on organic gardening, the programme for the next few months, updates on what the group has been doing and even the occasional recipe !

## Membership

Whether you have been gardening for years or have just started out, COGS welcomes you. Our members have gardens of all sizes from window boxes to farms. Join us and share your problems and experiences.

We meet at 7:30pm on the last Monday of the month, in September, October (Harvest Supper), November, January, February, March, April & May (Spring Fling) at the Bassil Shippam Centre, Tozer Way, Chichester.

## Starting to grow organically

1. Don't use chemicals. It's hard to give them up, but with healthy plants and wildlife around you'll find you don't need them.

2. Mulch your soil - it conserves moisture, suppresses weeds and improves the soil structure.

3. Composting gives you a wonderful soil improver and plant food FREE ! It's not difficult and the containers need not be ugly.

4. By encouraging natural predators into your garden you can enjoy your own wildlife - birds, frogs, ladybirds and hedgehogs will all help you if you help them.



5. The health of your soil is vital. Encourage earthworms - they will carry down your compost and improve drainage. Don't compact your soil by treading on it.

6. Companion planting can help discourage pests and maybe even control weeds.

7. Crop rotation in your vegetable garden will reduce the build up of disease.

8. Green Manures add fertility and prevent soil erosion and the leaching of nutrients.

9. Choose pest and disease resistant varieties of plants.

10. Don't buy peat based products. There are lots of alternatives now which are just as good

## Membership application form

Full Name(s) \_\_\_\_\_

Name(s) and Address for mailing

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

Telephone \_\_\_\_\_

E-mail \_\_\_\_\_

Would you be willing to help at events?

Yes/No

Do you have any skills you could offer the group, for example typing, copying, providing plants / produce for sale on stalls?

Please list \_\_\_\_\_

I enclose

£ 5.00 Household membership

£. \_\_\_\_\_ Donation if possible

TOTAL ENCLOSED £ \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

Please return to:

Nina Guilfoyle,

4 Brandy Hole Lane,

Chichester, PO19 5RJ

01243 776063

The membership year starts in October.